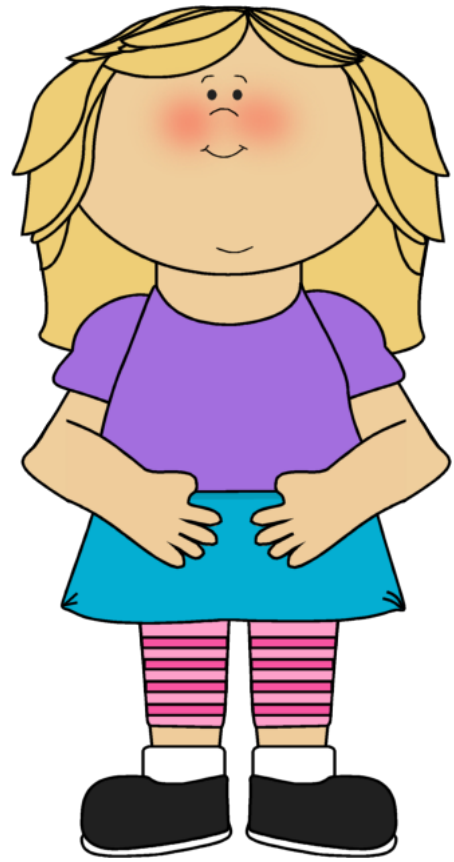


Using my Calm Voice

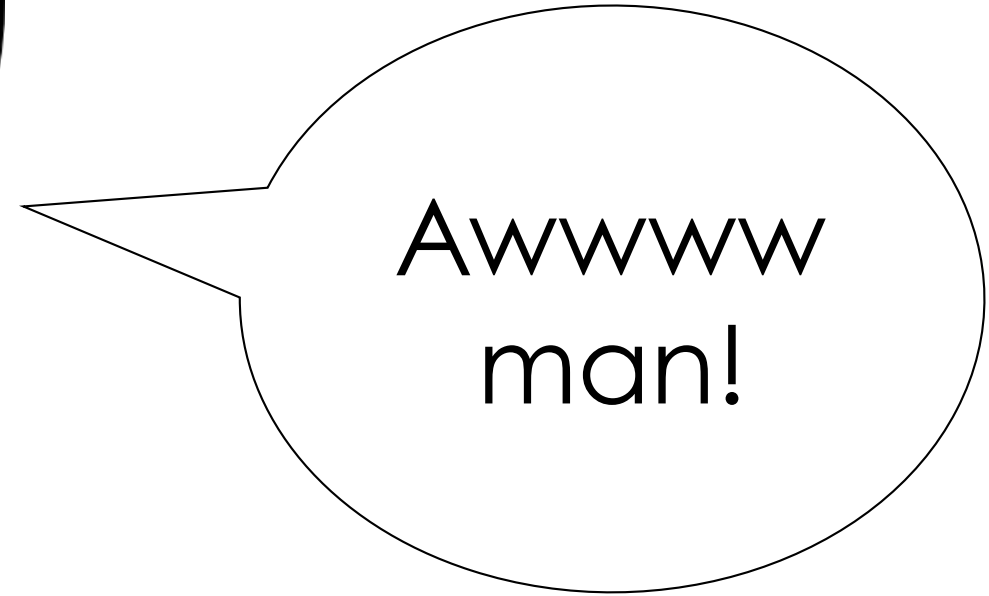
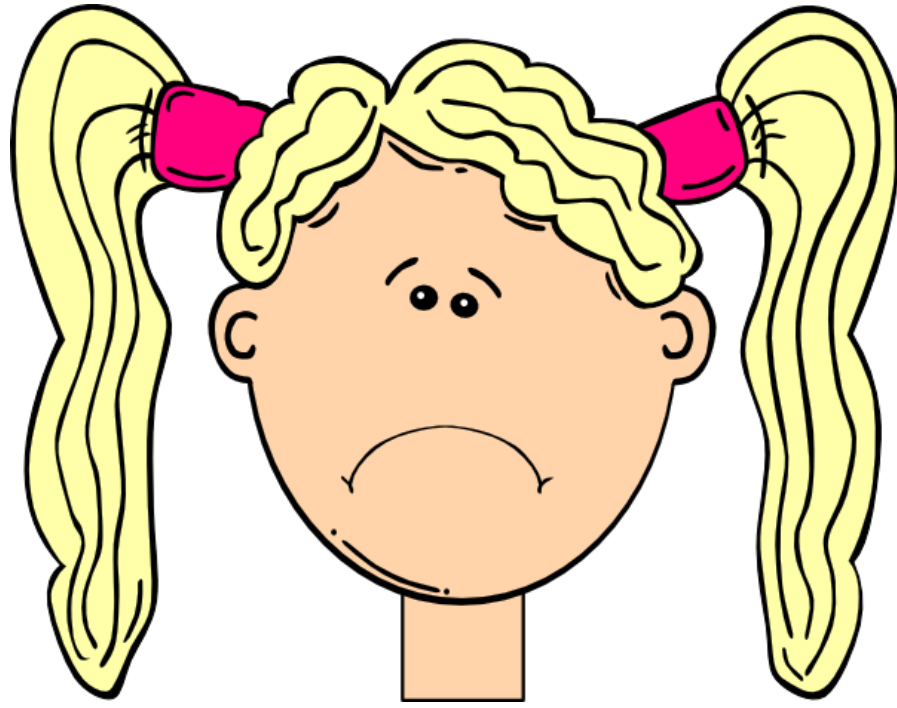


Sometimes I scream when I am upset. It is okay to be upset, but screaming hurts other people's ears or scares them, so I need to use my words in a calm voice.

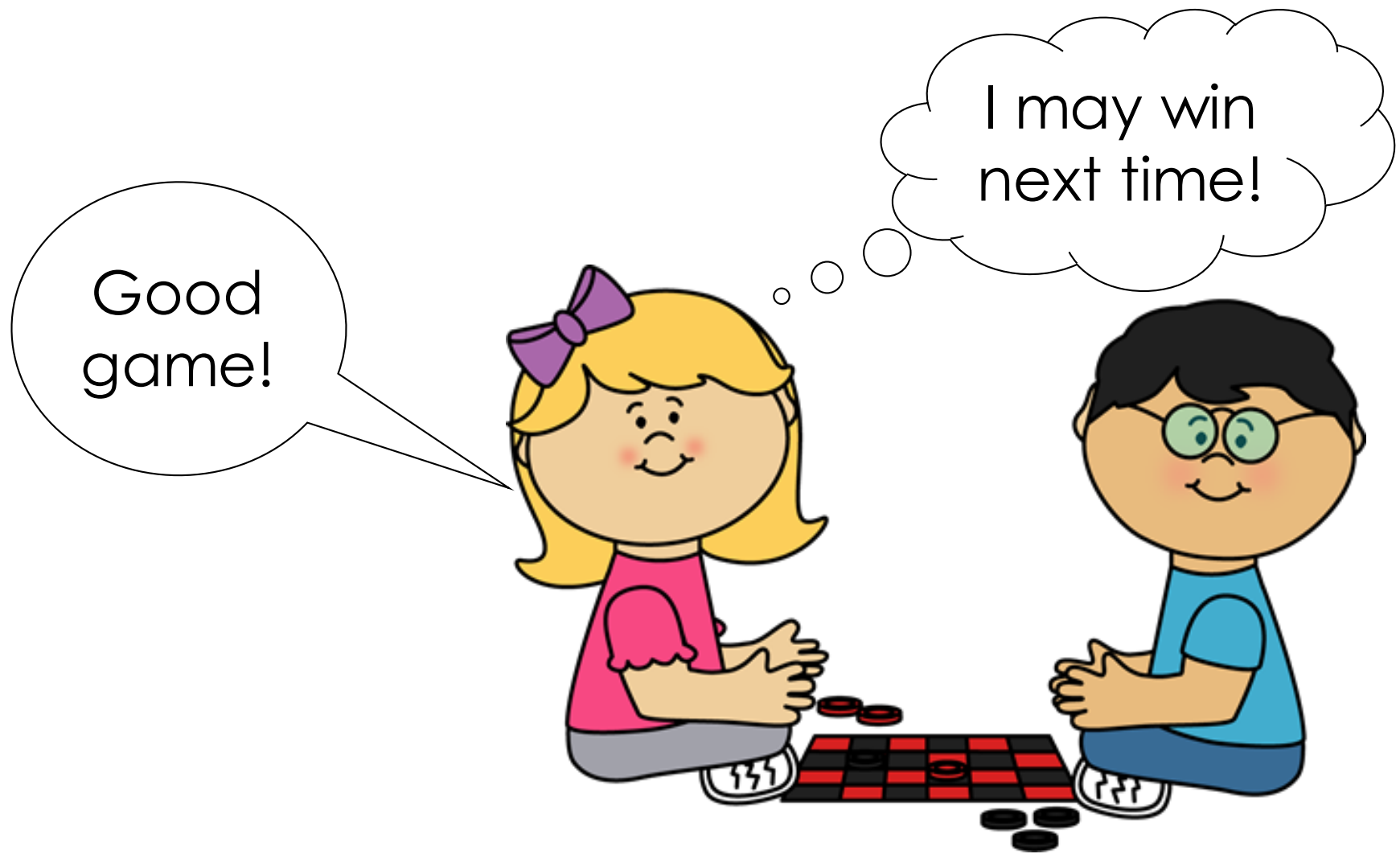


No thank
you!

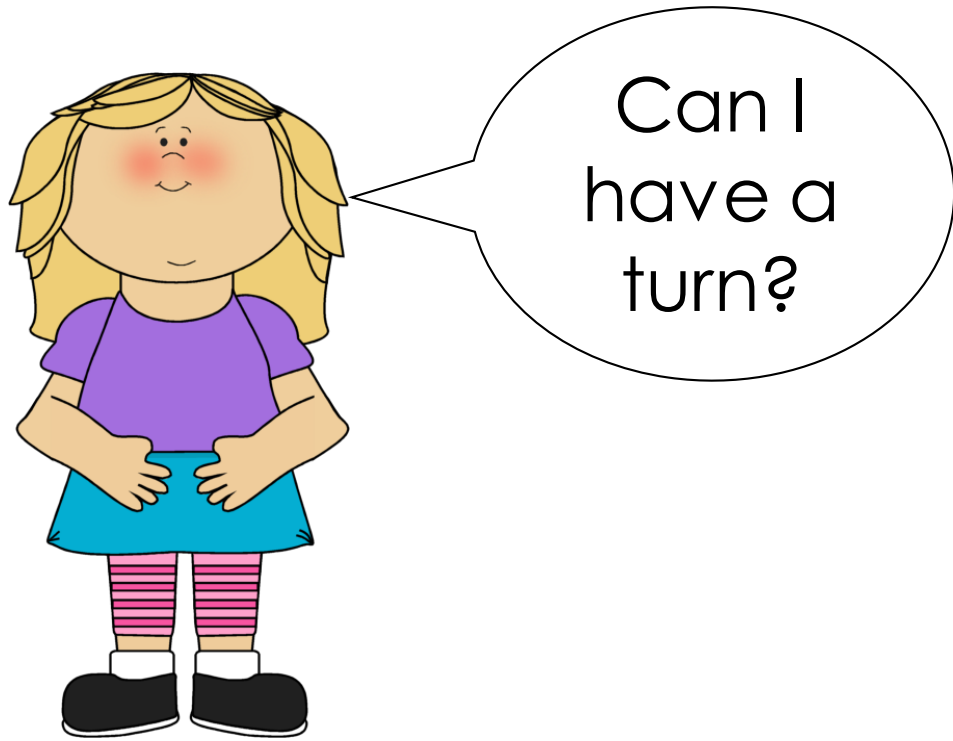
When I don't like something, I can say: "No thank you."



When I don't want to do something, that I am asked to do, I can say: "Awww man", but I will do it anyways.



When I lose at a game, I will stay calm and use my normal speaking voice. It's okay to lose sometimes.



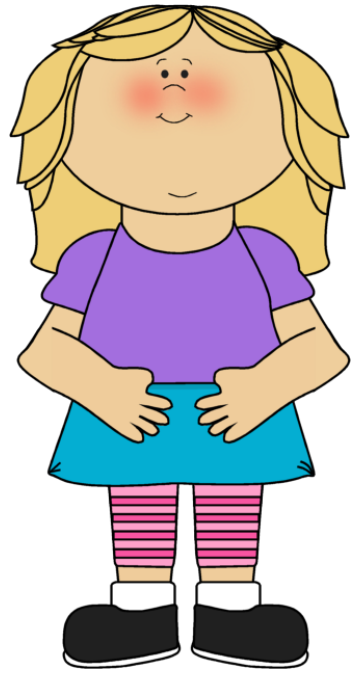
When I want something that my friend has, I can ask for it. I can say: "Can I have a turn?"

When
can I use
the red
crayon?



As soon as I
am done.

When I want something, but I can't have it right away, I can ask: "When can I have it?" or "What can I have instead?"



Want to
play with
me?



Okay!

When I want someone to come and play with me, I can ask them: "Want to play with me?"



I will use my calm and quite voice! This makes everyone
super happy!