

To help your child move ...

Children may be delayed or start moving in unusual patterns for a number of different reasons. The assessment you will be attending will help to sort out what is going on for your child and how you can help them to develop their skills.

In the meantime, the following web-site may be helpful for you: <http://www.pathways.org/>

This web-site contains many educational videos, as well as printable hand-outs about a variety of topics to do with child development, including tummy time, motor development, communication and sensory processing.

Some words of caution, however!

The developmental information that is presented on websites like this can be helpful for showing how children typically gain skills. If your child is developing differently, make note of the questions you have for the assessment team and use the information from the website as more of a guide for the sequence of events that typically happen in child development. For instance, it can be helpful to know that children typically develop trunk and shoulder stability before they develop the control needed to grasp objects and then manipulate them. This can help you to note, "Okay, she's doing this now, so we can start to work on this other skill soon!"

You will get more specific information and strategies at the assessment, based on the findings of the assessment team.